

# COVID-19 UPDATE

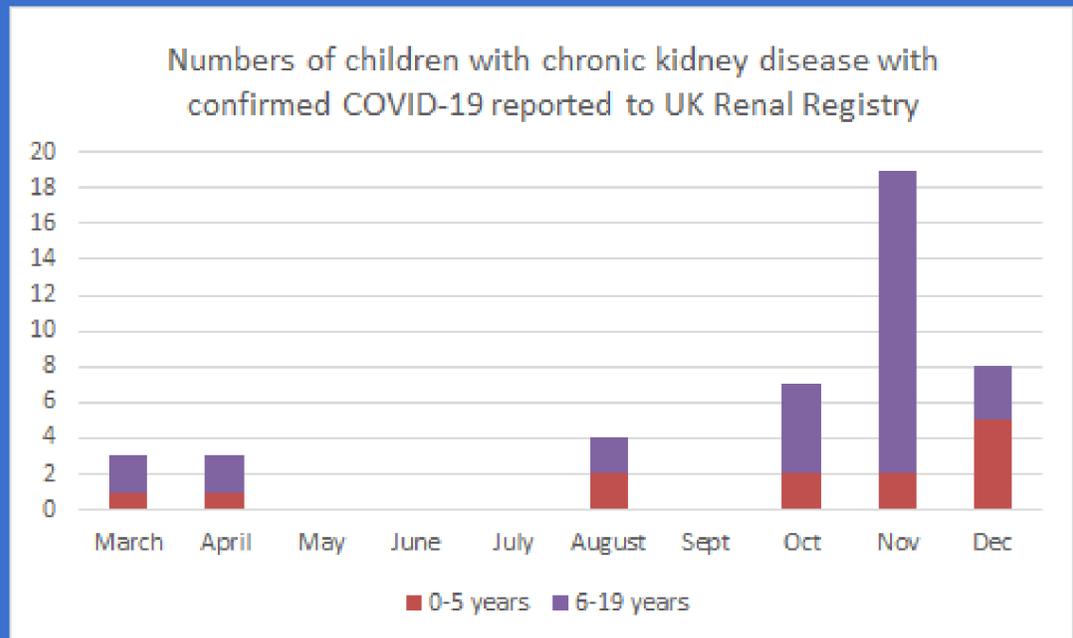


## Advice for children & young people with kidney disease

4 January 2021

### How are children with kidney disease affected?

- The UK Renal Registry continues to collect information **every week** from our UK paediatric kidney centres on children who test positive for COVID-19.
- To date, **44 children** with chronic kidney disease have been reported.
- We collect information about whether each child has a transplant, is on dialysis, or hasn't yet reached kidney failure. Similar numbers are seen across all 3 groups.
- Most children, including those on immunosuppression, will experience mild infection with COVID-19.

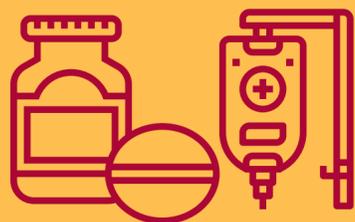


## Children who are clinically extremely vulnerable are now being asked to shield

While the picture in children remains reassuring, we still advise that a small group of children may be at greater risk of severe infections **from all illnesses including COVID-19** due to their kidney disease or treatment. This applies:



If you have received a kidney transplant **in the last 3 months**



**For 4 weeks** after starting high dose steroids (20mg+/day) **together with another** strong immune medicine



If **your kidney team** says you are high risk

### Guidance

- Please **do not attend school**.
- We recommend you take **strict infection precautions** including social distancing when leaving the house for exercise and avoiding people with symptoms of infection.
- Please seek **urgent medical review** if you are unwell. It is important to get your **annual flu jab**.
- Family members **do not** need to shield but should follow government guidance.

## COVID-19 vaccination

- Clinical trials of COVID-19 vaccines are underway to look at safety and efficacy in children. Information from these trials is needed before children under 16 years are vaccinated.
- The Joint Committee on Vaccination and Immunisation recommends that young people aged 16 years or above who are **clinically extremely vulnerable** or who have **underlying health conditions** are included in priority groups for early vaccination.

If you have any questions about your or your child's care, please speak to your kidney team

Please stay at home

Hands - Face - Space